



LORETTA FORBES

Empowering girls & women to live life beyond the norm

Loretta Forbes is a nationally recognized girls empowerment speaker, Author of two best selling books "Hello, My Name is B.E.A.U.T.I.F.U.L." and "If God is a King, That Makes Me a Princess" and a licensed therapist.

Loretta has been featured on FOX 2 news, Rolling Out Magazine, Michigan Chronicle Newsprint, and has also been interviewed on a wide variety of radio shows including The Deborah Smith Pollard show on Mix 92.3, Dr. A.R. Bernard Show, author of "Four Things Women Want From a Man" and former BET host Cheryl Martin's nationally syndicated podcast. Due to her passion for girl's advocacy, Loretta established her own business, Life Beyond the Norm LLC in 2012 to provide and offer a wide range of services to girls. Such services include, **counseling, keynote speeches, confidence coaching programs**, and various workshops to foster girl empowerment and personal development.

Some of Loretta's workshops and keynote speeches include:

TAKE A S.E.L.F.I.E. • I THINK I CAN • UNIQUE YOU: WHAT'S YOUR BRAND? • BECOMING A F.L.Y. GIRL

Loretta has a passion and mission to motivate and inspire girls, by helping them understand who they are, and how powerful they are. She believes every girl should dream big, live life beyond the norm and tap into their inner power to discover answers they need to create a life that reflects their gifts, talents and abilities. She also believes that with the right attitude, confidence and training, girls and young women can exceed the limits of their environment.

A graduate of Michigan State University (B.A. in Psychology) and University of Chicago (M.A. in Social Service Administration), Loretta has prepared herself educationally to gain the proper training to fulfill what she believes she has been called to do...help girls become strong women.

As a newlywed, Loretta enjoys spending time with her Husband, Dr. Cecil Forbes Jr., and playing dress-up with her bonus daughter, Corinne.



Contact Loretta

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Loretta does an amazing job at speaking from the heart to young people. She speaks with confidence, humor, and transparency about her own experiences in a way that helps her audience of both young and old relate to her and how she was able to overcome. Her book, Hello my name is B.E.A.U.T.I.F.U.L. gives us the timeless message that beauty starts on the inside and also gives us tips on making the outside beautiful as well. Loretta is an excellent role model for women who have a dream and work hard to make it a reality.

- Dr. Stacy Cannon
M.D. Henry Ford Health System
Pediatrician and Physician
Healthy Start 101, Owner